

Rosemount Girls Soccer Fall 2022

Unfinished Business

Coaching Staff

- Varsity - Gretchen Stramel
- Assistant Varsity - Hayley Lonquist
- Junior Varsity - Ann Marie Kline
- Sophomore - Heidi Hilliard
- Freshman A - Jenelle Milleson

2022 Captains

Ava Grate, Jordan Hecht, Taylor Heimerl

Introductions

Booster Club

President: Kietra Grate

Vice President: Stefanie Kelly

Secretary: Rachel Stucke

Treasurer: Tracey Thurman

Booster Club meets the 1st Wednesday of each month via Zoom. All parents are welcome and encouraged to attend. Without volunteers, a successful program is not possible.

*NEXT MEETING 6:30 pm, Wednesday 6/1

ALL Player Apparel is OPTIONAL



Player:
Sweatshirt \$70
Sweatpants \$60

Apparel Link:
Will be emailed out this weekend via
MailChimp

Program Objectives

Develop our student athletes with the confidence, pride, integrity, discipline, responsibility and leadership that will help them to become not only better players, but also better people.

Respectful and open communication with players and parents.

Program pride, team spirit and competitive success at all levels.

Focus & Goals

Enter the season in excellent physical shape.

Build and maintain strong team chemistry.

Focused and intense practices.

Player commitment to all practices, games and team activities.

Competitive success at all levels.

Summer Conditioning

CrossFit Templar, Apple Valley

RHS Girls Soccer Summer Training: speed, agility, strength and team building

Tuesday and Thursday 8:00AM-9:25AM

June 13th- July 28th

<https://crossfitemplarkids.com/rhs-girls-soccer-summer-training/>

2022 Pre-Tryouts Camp

Rosemount High School Girls Soccer Tryout Prep

Tryout preparation for the 2022 season begins here! Join the Rosemount High School Girls Soccer coaching staff for 4 days of tactical and technical training and fitness. Players will have the opportunity to play in small sided games and become familiar with 2022 tryout drills as well as build chemistry with their fall teammates and coaches.

REGISTRATION: <https://tce.me/hXeFUI>

Save the Dates

Leprechaun Days Parade (optional)

Saturday, July 30th 2021

11:00AM

Captains Practices (optional)

August 2nd, 4th, 9th and 11th

Exact time TBD will be held in the EVENING

2022 Tryouts (required)

Players should be prepared to be available for tryouts:

Monday 8/15 - Friday 8/19

8:30AM-12:00PM

Tryouts/Team Selection

The following criteria will be used to determine teams:

Skill Level

Understanding of the Game

Fitness

Determination and Attitude

Interaction with Teammates and Coaches

Physical and Mental Toughness

Position Needs (specifically Varsity)

We DO NOT take into consideration summer activities or play.

Team Selection

Teams:

Varsity - Any Grade

JV - Any Grade

Sophomore - Sophomore & Freshman

Freshman A/B - Freshman Only

Cuts at ANY age level ARE possible and a reality with the growth and improved talent levels in our program.

Movement within the program is possible, but should not be expected.

All teams will be announced no later than 8/20/2022

2022 Season

Schedules are tentatively set....

Current Schedule:

<https://www.southsuburbanconference.org/public/genie/184/school/10/>

** Schedules are still being finalized*

Player Expectations

Follow MSHSL and specific team rules at ALL times.

Communication: With your teammates and coaches should be appropriately timed and respectful

Attendance: Players must be punctual, prepared and at all team functions unless absence has been previously approved by coach

Academics: Maintain academic eligibility

ZERO tolerance for negative use of social media outlets.

Parent Expectations

Support your daughter, her team and coaches ... VOLUNTEER!

Parent concerns should be discussed and resolved face to face with the coach AND the athlete present at a pre scheduled time and location.

Do not talk to coaches about playing time, position, strategy or other players.

Have realistic expectations of your daughter and set a positive example for them.

RESPECT - Coaches, Players, Officials, Other Parents/Players - NO EXCEPTION

Player & Volunteer Fee's

Mandatory \$100 Uniform Player Fee (due during uniform handout) - includes 2 pair of game socks, 2 tryout T-shirts & program T-shirt
Can be paid via VENMO @Irish-Girls-Soccer

“What’s it for?” PLAYERS NAME & TEAM

Volunteer Check \$150

Check will NOT be cashed if player fulfills required wreath sales and family fulfills 2 required volunteer sessions/sponsors.

*Checks will be accepted for both payments
“RHS Girls Soccer Booster Club”*

Player Community/Volunteer

RAAA Soccer net set up. Interested in helping with a youth team contact gretchen@crossfitemplar.com

Wreath Sales: All players will be required to participate or pay a buy-out fee. All order this year will be completed and paid for online.

Wreath Sale Fundraiser

Gertens Wreath Fundraiser:

Wreath Sales are the largest fundraiser of the year. Gertens gives us 30% of all sales. Last year we raised over \$9,000 for the program.

Orders and payments are placed online during the soccer season, and then it is usually the weekend prior to Thanksgiving for pick-up.

Customers indicate a player name at checkout on the Gertens RHS Soccer website page, and this allows players to receive credit.

Each player is asked to participate in one of the following ways:

- **SELL** at least 10 items.
- **DONATE** \$150 which is the equivalent to the proceeds of selling 10 items.
- **COMBINE** selling/donating. So for every item sold, take \$15 off the amount of your donation.

2022

Rosemount High School Girls Soccer Sponsorship

2021 - SOUTH SUBURBAN
CONFERENCE CHAMPIONS!
SECTION 3AAA CHAMPIONS
FINISHED 4th IN STATE



Thank you to our 2021 sponsors for your support this past season! We look forward to your continued sponsorship.



Rosemount High School Girls Soccer
Coach: Gretchen Stramel
3335 142nd St. W., Rosemount, MN 55068

Alumni - Sponsorship Available
Contact Gretchen



We invite you to support the
Rosemount High School Girls Soccer
program through sponsorship
at one of the following levels:

Titanium Level (minimum of \$1000+) offers:

- Full page ad in the soccer program - **FULL COLOR**
- Name and link to your business on the RHS Girls Soccer website
- 2 - Social media game day posts. (Facebook, Instagram & Twitter)
- Business thanked at halftime of all home games
- The option to provide giveaways on Homecoming/Community night
- Complimentary varsity RHS Girls Soccer poster for your business

Platinum Level (minimum of \$500) offers:

- Half page ad in the soccer program - **FULL COLOR**
- Name and link to your business on the RHS Girls Soccer website
- 1 - Social media game day post. (Facebook, Instagram & Twitter)
- Business thanked at halftime of all home games
- The option to provide giveaways on Homecoming/Community night
- Complimentary varsity RHS Girls Soccer poster for your business

Gold Level (\$250-\$499) offers:

- Quarter page ad in the soccer program - **FULL COLOR**
- Name and link to your business on the RHS Girls Soccer website
- Business thanked at halftime of all home games
- The option to provide giveaways on Homecoming/Community night
- Complimentary varsity RHS Girls Soccer poster for your business

Silver Level (\$100-\$249) offers:

- Business card size ad in the soccer program - **FULL COLOR**
- Name and link to your business on the RHS Girls Soccer website
- Business thanked at halftime of all home game

Blue Level (\$50-\$99) offers:

- Business card size ad in the soccer program
- Name and link to your business on the RHS Girls Soccer website

Sponsorships help support the operating budget of RHS Girls' Soccer in many ways. Examples are equipment and uniforms, away game travel costs, team-building activities, and association dues. **Thank you for your generous contribution!**

Complete the information below and send with a check payable to: **RHS Girls Soccer**

To confirm sponsorship, contact Brian Henderson
at 612-245-1695 or email - brianh@henderson-design.com

Sponsorship checks to: Tracey Thurman - 16627 Farrago Trail, Farmington, MN 55024

Business Name: _____

Contact Person: _____

Phone: _____ Email: _____



@Irish-Girls-Soccer

You can find sponsorship PDF on Irishgirlsoccer.com homepage

Sign-up Genius Volunteer

As volunteer hours/events become available they will be added to this Sign-up Genius.

<https://www.signupgenius.com/go/10c0d4baaa728aafd0-rhsgirls1>

Contact Information

Website: irishgirlsoccer.com *brand new*

Twitter: @RHSGirlsSoccer2021

Facebook: Rosemount Girls Soccer

Mailchimp - sign up @ irishgirlsoccer.com OR RHS

Gretchen Stramel

Cell: 651-485-3909

Email: gretchen@crossfitemplar.com